

St. Mary's Presbytery
5 Hayward Grove,
Hampton 3188
Email: hampton@cam.org.au
Parish Office Hours:
Tues: 10:00 am to 5:00 pm
Wed & Thur: 9:00 am to 4:00 pm
Fri: 9:00 a.m. -13:00 noon.
Phone: 9521 0990
Pastoral Associate:
Mrs. Cynthia White
Tues: 10:00 am to 5:00 pm
Thurs 9:00 am to 4:00 pm
Sat: 5:30 pm to 7:00 pm.
Sun: 7:30 am to 11:30 am.
Email:
Hampton.Pastoral@cam.org.au
Parish Secretary:
Maria Jesus De Santisteban
(Tues/Wed/Thurs/Fri)
Baptism Coordinator:
Olivia Turner:
Phone: 0407863579, 95210990
Baptism:
2nd and 4th Sunday of the Month,
Baptism Preparation:
3rd Sunday after 10:00 a.m. Mass

Thanksgiving: Please note that we now have an EFTPOS card reader at all masses for your convenience of Thanksgiving, special collections and donations, for any amount of \$2/- and more. Thank you for your support.

Entrance Antiphon
Of you my heart has spoken: Seek his face.
It is your face, O lord, that I seek;
Hide not your face from me
Communion Antiphon:
This is my beloved Son, which whom I am well pleased; listen to him.

LET US REMEMBER
SICK: Clare Curry-Harris, Frank Ray, Margaret Titular, Peter Salvatore, Mick Corry, Carmelo (Charlie) Mirabelli, Joe Rush, Mary O'Connor, Gerard Dowling, Carmel Ryan, Fred Sacr, Judy Ferrigno, Pierre Sacr, Peter Spanos, Mary Murphy

8th March 2020 – 2nd Sunday of Lent			
Be Opened ... to Listen			
Sat	07 Mar	Mass at 06:00 p.m.	
Sun	08 Mar	Mass at 08:00 a.m.	
		Mass at 10:00 a.m.	
Tues	10 Mar	Lenten Reflection at 10:30 a.m. at St Mary's	
		Communion Service 11:30 a.m.	
Wed	11 Mar	Communion Service 09:15 a.m.	
Thu	12 Mar	Communion Service 09:15 a.m.	
Fri	13 Mar	Rosary & Prayer to St. Peregrine at 11:15 a.m. followed by Communion Service and Stations of the Cross.	
Sat	14 Mar	First Reconciliation at 11:00 am	
		Mass at 6:00 p.m.	
Sun	15 Mar	Mass at 8:00 a.m.	
		Mass at 10:00 a.m. 3 rd Sunday of Lent	

Sacrament of Reconciliation Program 2020



Parents & Reconciliation Children: Thank you for all your hard work in preparing for your First Reconciliation on 14th or 21st March. Fr Anjou will be present to do this for you.

We are so grateful to Mrs Evelyn Whatmore REC, your parents and yourselves for your enthusiasm and we ask the Lord to bless you all abundantly. See you there. Cynthia White

BRIGIDINE ASYLUM SEEKERS PROJECT

The Project's aim is to provide hospitality and practical support for people seeking asylum in Australia. The need for support is growing as government income support is being reduced and many Asylum Seekers do not have the right to work.

Rice, Olive Oil, Long Life Milk, Washing Powder, Dish Washing Detergents and Household Cleaning products are always needed and can be placed in the box at the front entrance to the Church. The Project also welcomes anyone who can volunteer help in teaching English or helping Asylum Seekers settle into their new life in Australia. For further Information phone 9696 2107. Website: www.BASP.org.au

Our annual Trivia Night in aid of the Project will be on Friday 14 August 2020. Further Information contact. Colette 9598 7329 or colfoxw@gmail.com

“Ours is a Child Safe Environment. As a Community we all are committed to do the best we can to keep children and vulnerable people safe from harm and abuse”



Reflections on the Sunday Gospels Lent and Easter Sunday – Year A

A seven week program reflecting on the Gospels for Lent and Easter Sunday

10th, 17th, 24th, 31st March

7th April (From 10.30 am – 11.30 am)

St Mary's Church – No need to register


Attend one, more or all sessions– NO FORMALITIES All Welcome


More about Lent

The Catholic Church, in an attempt to help Catholics do at least a minimum during Lent, asks all Catholics to fast and abstain from meat on certain days. Fasting means to limit food to one full meal a day with the possibility of two smaller meals (not adding up to a full meal) as needed. Abstinence means not eating meat, although fish is allowed. Catholics are required to observe all days of fasting and abstinence which is one of the precepts of the Church.

Those 14 years of age or older are to abstain from meat on Ash Wednesday and all the Fridays of Lent. Catholics between the ages of 16 and 59 are also to fast on Ash Wednesday and Good Friday. They may eat one full meal on these days, and two small meals to maintain strength. The two small meals together must not equal the size of one full meal. If one's work or health make it inadvisable to fast or abstain from meat, they are not obligated to do so. This includes mental health: Fasting may be harmful for someone who struggles with an eating disorder. Such a person might do an alternate penance on the days of fasting. Pregnant and nursing women are exempt from the fast.

At one time, people gave up all animal products and during the whole Lenten season. The Eastern Catholic and Eastern Orthodox Churches still follow this rule. Since chickens continue to produce eggs and cows milk, the custom developed to make the milk into cheese and color the eggs so that when Easter arrived, no food would be wasted.





Twenty-seven-year-old Phany, lives in a village in western Cambodia. Struggling to earn a living as a rice farmer, she was forced to leave her daughter behind in the village, to take up construction work in the city.

Then in 2016, Phany joined a Caritas supported program, learning more productive farming and irrigation techniques. Her community learned to work together for better water management, to combat drought.

Over 70 percent of Cambodia's population live in rural communities – and the farming families living in poverty are the most food insecure. Thirteen percent of Cambodians live below the poverty line, while 35 out of every 1000 babies die due to malnutrition.

In 2016, Phany joined the Upholding Community Dignity Together program, where she learned new farming techniques, such as a drip irrigation system which enabled her to get a better yield from her vegetable crops and to conserve water for drier periods. She also learned how to grow vegetables and raise chickens and ducks. Phany's community also took part in training in health, nutrition, hygiene and disaster preparedness, arming them with better strategies to cope with environmental changes.

With your help, mothers like Phany can continue to uplift their communities and provide food for their families. A brighter future for women, men and their families can start today. Let's Go Further, Together.

Please donate to Project Compassion 2020 - Let's Go Further, Together. You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.

